



Buckeye Military Moms – Care Package Items



Most requested items

Toiletries

- Travel size shampoo, conditioner, lotion, hand sanitizer, body wash
- Individually wrapped toothbrushes, small or medium size toothpaste, mouth wash, floss, Colgate wispes
- Lip balm, eye glass cleaner (small size or wipes), cotton balls, Q-Tips, face wipes, deodorant, shaving cream, multi blade razors, individually wrapped small combs and pony tail bands
- Baby wipes – package of 40 preferred
- Lubricating eye drops
- Small size sunscreen
- Small size Gold Bond foot powder and moleskin

High Protein Items

- Canned meat or pouches (chicken, beef stew, beef hash, chili, corned beef, tuna, sardines)
- Canned ravioli, meatballs, high protein soups, summer sausage, Vienna Sausage – flip top or pull tabs preferred
- Small size peanut butter, Nutella, cookie spread
- Beef jerky and Slim Jims – a Soldier favorite!
- Canned cheese (non-refrigerated) – flip top or pull tabs preferred, Velveeta or cheese pouches

Various Items

- Small canned fruit, bean dips and salsa – no glass or cellophane – canned or squeeze pouches please
- Small packets of ramen noodles, instant mac and cheese, mashed potato packets, dry soup mixes, packets of sauces and gravy mixes
- Protein bars, Clif Bars, granola bars, small packets of nuts, trail mix, dried fruit
- Small size snacks - Pringles, peanut butter crackers, crackers, cookies and small bagged snacks
- Single packets of oatmeal, Pop Tarts and small travel-sized boxes of cereal
- Flavor packets, small liquid or vitamin mixes to put in water bottles or small energy drinks
- Small bags of coffee, tea bags and hot chocolate packets
- Gum – best with Xylitol additive – a sugar additive used as sweetener- proven dental benefits
- Hard candy and mints (we use for box fillers)
- Hand and foot warmers
- Socks – boot cut
- Bug strips or bug spray (small size and non-aerosol)
- Batteries – AA or AAA preferred
- Micro fiber cloths and small towels
- Ziploc bags – all sizes
- Small size laundry detergent and fabric sheets
- Small rolls of trash bags
- Magazines and decks of cards

Letters of Support! – If these are from a class room or group, please add the address of the facility in case a Soldier would like to respond

Items that we cannot use and will not send

Prohibited Items That Would Be Confiscated

- Alcohol and alcohol-production products and ingredients
- Pork and pork by-products
- Pornographic and sexual materials (including nudes and semi-nudes)
- Obscene materials and horror comics
- Non-authorized political materials
- Religious materials contrary to Islam in bulk quantities (E2)
- Hazardous, flammable, toxic and radioactive substances

Items That Would Be Damaged Or Cause Damage

- Use common sense, packages can be subjected to high heat, bouncing and shaking during shipping
- Items that may melt, leak, explode or turn on
- Use Ziploc bags and lots of padding where applicable
- Batteries in summer
- No chocolate
- Aerosols and other pressurized products
- Liquids in glass containers
- Perishable food products that can spoil